



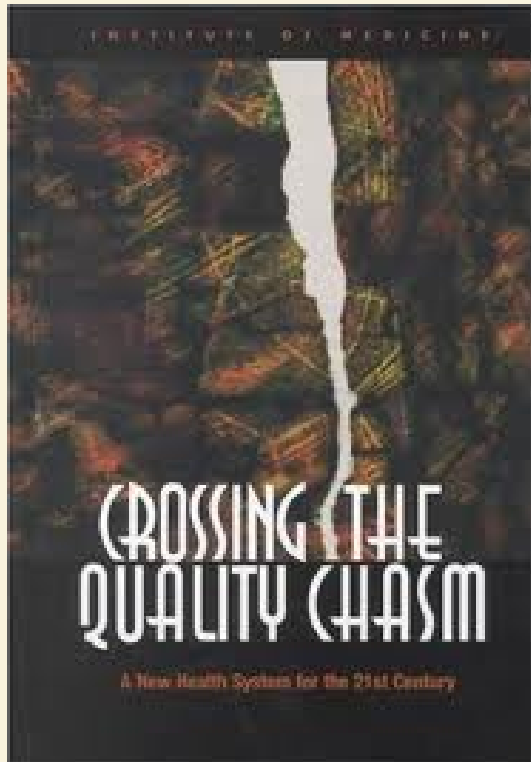
Behavioral Health Quality Measures and Health Care Reform

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The Need for Improvement



**“The health care system as currently structured does not, as a whole, make the best use of its resources... What is perhaps most disturbing is the absence of real progress toward restructuring health care systems to address both quality and cost concerns, or toward applying advances in information technology to improve administrative and clinical processes.”
(IOM 2001)**

National Quality Strategy: Three Aims

Better Care

Improve the overall quality, by making health care more patient-centered, reliable, accessible, and safe.

Healthy People/ Healthy Communities

Improve population health through proven interventions to address behavioral, social, and environmental determinants of health in addition to delivering higher-quality care.

Affordable Care

Reduce the cost of quality health care for individuals, families, employers, and government.

National Quality Strategy: 6 Priorities

To achieve its aims, the quality strategy establishes six priorities to help focus efforts by public and private partners.

Patient Safety

Patient and Family Engagement

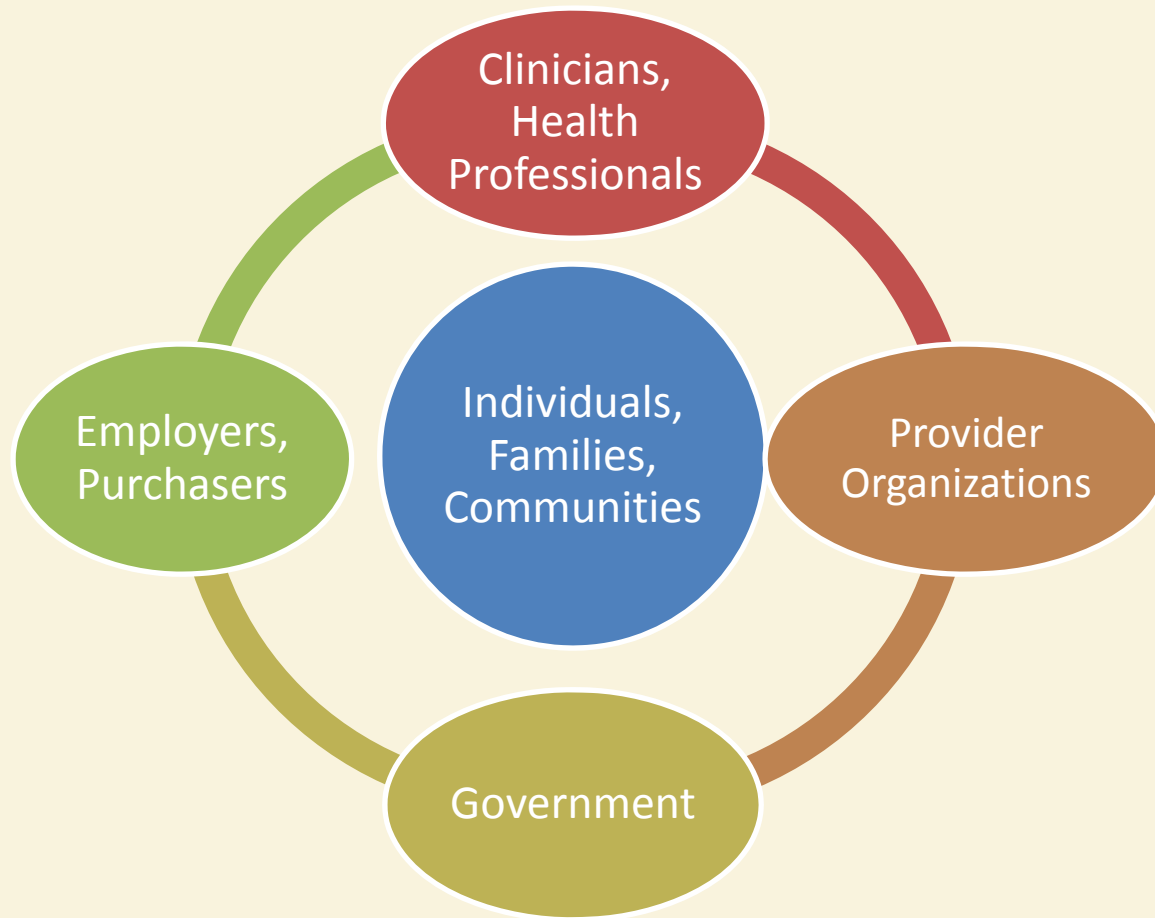
Care Coordination

Effective prevention and treatment practices

Population Health

Improving Affordability of Care

Stakeholders



National Quality Strategy Goals and Illustrative Measures

- **Designed to begin a dialogue with stakeholders to specify quantitative goals and measures**
- **Implementation Work Groups (DHHS Lead) convened to align priorities and measures across public and private sectors**
 - **Interagency Working Group (24 federal agencies)**
 - **Private sector work groups (convened by NQF)**
 - **HHS Work Group (CMS, HRSA, SAMHSA, CDC, AHRQ , ONC)**

National Behavioral Health Quality Framework

- **SAMHSA's response to the National Quality Strategy**
- **Sets forth a framework for BH quality improvement priorities and goals for the nation**
- **Initiates the dialogue with private and public sector stakeholders**

BH Quality Framework Priorities

Aims:

- **Better Care**
- **Healthy People/Healthy Communities**
- **Affordable Care**

Promote the most effective prevention treatment and recovery practices for BH disorders

Assure BH care is person centered and family centered

Encourage effective coordination within BH care and with other health care and social support services

Assist communities to utilize best practices to enable healthy living

Make BH care safer by reducing harm caused in the delivery of care

Foster affordable and high quality BH care for individuals, families, employers and governments through new delivery models.

Goals and Illustrative Measures

For each priority, the BH framework proposes

- **Specific goals**
- **Examples of successful completion of goals**
- **Illustrative Measures specific to:**
 - **SAMHSA Programs, e.g. discretionary/block grants**
 - **Systems/Providers -- public and private payers**
 - **Population – community programs**

National Behavioral Health Quality Framework

Priority Statement	Goal Statements and Illustrative Measures		
<p>#2 – Assure BH care is person- and family-centered</p>	<p>Goal: Structuring services in ways that meet individual and family needs and making patients centrally involved in decision-making about their care. Includes enhancing capacity to capture and act on patient-reported information, including preferences, desired outcomes, and experiences with behavioral health care</p> <p>Opportunities for success:</p> <ul style="list-style-type: none"> • Integrate behavioral health consumer feedback on preferences and experiences of care into all care settings • Increase use of electronic health records (EHRs) that capture the voice of the behavioral health consumer 		
	<p>Illustrative Measure: SAMHSA</p> <p>Number of States adopting shared decision-making paradigms</p>	<p>Illustrative Measure: System/Provider</p> <p>Percentage of facilities with functioning EHRs</p>	<p>Illustrative Measure: Population</p> <p>Percentage of individuals receiving information to make informed decisions about treatment options</p>

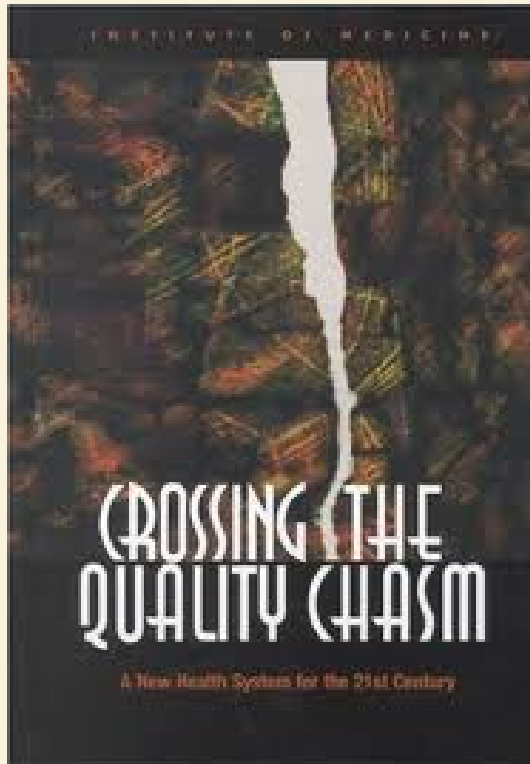
BH Framework Roll Out

- **Phase I – Focus on Priorities and Goals**
 - **SAMHSA Webcast - June 15, 2011**
 - **Stakeholder Comments – 7/1**
 - **SAMHSA National Advisory Council Review – 8/16**

- **Phase II**
 - **Focus on illustrative Measures**
 - **Updates to be posted on samsha.gov**

The Need for Quality Measurement

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“One of the key challenges for the redesign of health care organizations is to be able to incorporate performance and outcome measurement for improvement and accountability. There is a need to develop a balanced set of measures on clinical and financial performance, patient health outcomes and satisfaction with care.” (IOM 2001)

DHHS Performance Measures

<u>Source</u>	<u># Measures</u>	<u># BH Measures</u>
DHHS Measure Inventory	2,345	381
Physician Quality Reporting Initiative	216	7
Accountable Care Organizations	65	3
CMS (Medicaid) Core Measure Set	51	13
CMS CHIPRA Core Measure Set	24	2

Review of BH Quality Measures

- **Identified 36 Quality Measure Initiatives**
- **Public and Private Sector**
 - Federal : CMS, VHA, SAMHSA, AHRQ, HRSA, IHS, DOD
 - State: NASMHPD, SSAs
 - Professional Orgs/NGOs: AMA/PCPI, NCQA, APA,WCG, Joint Commission, National Quality Forum (NQF)
- **Targeted Clinical Settings**
 - Inpatient Psychiatric, Outpatient, Primary Care, Nursing Homes

Source: Herbstman and Pincus (2009)

Review of BH Quality Measures

24 Health Plan “Pay for Performance” Programs using BH indicators identified

- 13 target Mental Health or SA specialty providers
- 11 target primary care/multispecialty providers

“ The most common obstacle to implementation was the lack of valid and practical quality measures in behavioral health.”

Source: Bremer, RW et al (2008)

Impact of Health Reform on BH Quality Measures

- **As of 2014, dramatic increase of SA clients reimbursed by CMS (Medicaid, Medicare, ACO, Health Homes)**
- **Move to align and e-specify public and private sector performance measures**
- **Financial incentives tied to performance, Meaningful Use, Medicare, Medicaid**
- **Move toward NQF endorsement of all federally mandated measures**

Status of NQF Endorsement for BH Measures

<u>Behavioral Health Measures*</u>	<u># Measures</u>	<u># NQF-Endorsed</u>
Behavioral Health Measures	381	31
Mental Health	287	28
Alcohol/Drugs	65	1
Tobacco	29	2

*Source: AHRC, National Quality Measures Clearinghouse

Health Care Reform

National Quality Measure Strategy

- **Align quality measures with the NQS**
- **Identify a parsimonious set of standardized measures to be utilized by public and private payers**
- **Identify measures that can be applied across different medical conditions (e.g. medication monitoring) and health settings (e.g. care coordination)**

BH Measures and Meaningful Use (MU)

- **CMS Meaningful Use Program provides financial incentives to providers that adopt MU Measures**
- **MU 1 Program includes 41 measures; 3 BH measures**
- **MU 2 Program measures under development**
 - **Behavioral Health Coordinating Committee(BHCC) co-chaired by SAMHSA and HHS/ASPE proposed and received ONC endorsement for 10 BH measures**

BH Measures and MU

MU 1(N=3); MU 2 (N=10 Recommended)

Alcohol/Drugs

- **Initiation and Engagement of Alcohol/Drug Dependence Treatment**
- **Alcohol Screening and Brief Intervention**
- **Illicit Substance Use Screen (Single Question) for Primary Care Use**

Tobacco

- **Measure Pair: Tobacco Use Assessment and Cessation Intervention**

BH Measures and MU

MU 1 (N=3); MU 2 (N=10 Recommended)

Depression

- **New Episode of Depression; Medication Management Treatment**
- **Depression Screening for Primary Care Use**
- **Bipolar Disorder & Major Depression: Appraisal for Alcohol or Chemical Substance Use**
- **Depression Remission at 6 and 12 Months**
- **Bipolar Disorder & Major Depression: Suicide Risk Assessment**
- **Depression Screening by 13 Yrs of Age**
- **Child/Adolescent Major Depressive Disorder: Suicide Risk Assessment**

ADHD

- **Follow-up Care for Children Prescribed ADHD Medication**

Trauma

- **Trauma Screen (Single Question) for Primary Care Use**

Challenge to the Field

Identify and adopt a core set of BH measures that are:

- **Aligned with the National Quality Strategy priorities**
- **Endorsed by the NQF**
- **Utilized by both public and private sector**
- **E-specified**

Call to Action

- **Review the BH Quality Framework and identify “illustrative measures” that are integral to quality improvement**
- **Comment on CMS and ONC proposed regulations on quality measures**
- **Become a member of the NQF and participate in the measure submission and endorsement process**